WHAT IS CLAIMED IS:

1. An electromagnetic wave absorber formed of an Mn-Zn ferrite comprising: a spinel primary phase which contains 40.0 to 49.9 mol % Fe₂O₃, 4.0 to 26.5 mol % ZnO, and a remainder of MnO; and a secondary phase which contains CaO as a base component, wherein a mass of the spinel primary phase accounts for 50.0 to 99.0 % of an aggregate mass of the spinel primary phase and the secondary phase.